

# LISD School Health Advisory Council

## November 15, 2017

Agenda Item:	Discussion:	Action:	Follow Up By/Date:
Call to Order at 7:03 by Melanie Vincelette	Introductions: 32 members in attendance		
Review of Minutes for September 20, 2017	Tina Chulick moved to approve minutes LB Siebenmann second	Minutes approved -- unanimous	
<b>NEW BUSINESS</b>			
<b>Annual Report to Board</b>	Melanie Vincelette & Robin Fry shared the information provided to the LISD Board of Trustees on Oct. 16, 2017. The four main focus points for last year were:	Informational Only	
<b>Red Ribbon Campaign</b>	<ul style="list-style-type: none"> <li>● Student Mental Health</li> <li>● Review of District Wellness Plan</li> <li>● Red Ribbon Week</li> <li>● Childhood Obesity</li> </ul>	Informational Only	

<p><b>Employee Wellness</b></p>	<p>SHAC Council members involved in the Red Ribbon Campaign on their respective campuses shared the new format with the rest of the council. Staff members appreciated the short, concise and interactive lessons and felt the overall campaign was more impactful than it has been in recent years. Parents liked the question starters provided to hang from car mirrors and the posters displayed in businesses.</p> <p>21 Day Challenge @ Work for elementary staff was successful with over 850 employees signing up to eat healthy snacks. Staff members liked competing for the incentives provided by the Employee Wellness Committee .</p>	<p>Informational Only</p>	
<p><b>OLD BUSINESS</b></p> <p><b>Sub-Committees:</b></p> <p><b>Mental Health</b></p>	<p>Michelle Martz reported the Mental Health committee discussed topics such as:</p>	<p>Further discussion and review with Monya Crow</p>	<p>February 21, 2018</p>

<p><b>Human Sexuality District Wellness Plan</b></p>	<ul style="list-style-type: none"> <li>● Playing classical music in the hallways or during times arrival times for elementary students.</li> <li>● Adding Vaping to the Red Ribbon Campaign and providing more information to 6th grade students.</li> <li>● Raising Positivity -- Be Happy With Your Now and Kindness Matters.</li> </ul> <p>The HS and DWP sub-committees worked together on the topic of 7th grade Human Sexuality curriculum. Melanie Vincelette gave a review of SHAC's input and Jennifer Beimer explained the Health TEKS and LISD School Board Policy EHHA regarding instruction for HS. The policy states instruction regarding HS must include:</p> <ul style="list-style-type: none"> <li>● Abstinence is presented as the desired choice of behavior</li> <li>● Devote more attention to abstinence than any other behavior</li> </ul>	<p><u>Subcommittee members action:</u></p> <ul style="list-style-type: none"> <li>● Review 7th grade Human Sexuality video</li> <li>● Research additional options and resources and send to Jennifer Biemenr and Melanie Vincelte</li> <li>● Consider attending Aim4Success presentation</li> <li>● Robin Fry follow up with Choose The Best programs currently used by other local districts</li> </ul>	<p>February 21, 2018</p>
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- Emphasize abstinence as the only method that is 100% effective in preventing pregnancy, STD's, or HIV/AIDS.
- Direct adolescents to a standard behavior in which abstinence before marriage is the most effective way to prevent pregnancy, STDs, and HIV/AIDS.
- Teach contraception and condom use in terms of human use reality rates instead of theoretical laboratory rates.

After lengthy discussion, the sub-committee made the following motions:

1. Continue with the 5th grade Growth & Development video *Always Changing, Puberty, and Stuff* without review this year. (Motion made by GLB Siebenmann, second by Gala Langley---Unanimous)
2. Continue with instruction of Human

	<p>Sexuality in 7th grade Science (Motion made by Jennifer Biemer, second by Tina Chulick--Unanimous)</p> <p>3. Recommend to the LISD Board of Trustees that Health be required for graduation (Motion made by Eric Parker, second by Michelle Durkin--Unanimous)</p>	<p>Continue discussion at next meeting</p>	<p>February 21, 2018</p>
	<p>Adjourned at 8:07 p.m.</p>	<p>Next Meetings: February 21, April 18, May 9 (if necessary)</p>	